

use acrostics

Revision Timetable

eat healthily

get organised

find somewhere quiet

take regular breaks

get plenty of sleep

Time slot	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

think positively

draw mind maps

Stick with it!

devise acronyms

timetable in rewards

be motivated

use visual imagery



try rhymes

Name: _____

Should take less than 30 minutes to complete.